

# CONVICTION

STANDING FOR WHAT  
IS RIGHT EVEN WHEN  
OTHERS DON'T.

## PROVERBS 31:8-9

## DAY 1

When someone is being hurt or something is unfair, do you speak up? What about when the kid who always gets picked on, gets picked on right in front of you? It takes a lot of courage to speak up for what's right, and it's even harder if you realize your friends are the people picking on someone. Should you say something to stop them? Or is it enough to just stay quiet and not participate?

God's word is very clear on this subject. When someone else is hurting or in need, those who follow God should be the first ones to speak up. Showing conviction means that we speak up for those who can't speak for themselves. The good news is that God will give us the courage to have conviction, even if we have to face our friends.

Grab a piece of cardstock and roll into the shape of a cone to create a megaphone. Then roll the cone back out flat and write the words "SPEAK UP!" along one edge. Decorate with markers or stickers. Roll back into a cone shape and tape the sides in place. Put your megaphone in a spot where it will remind you to speak up for people.

**THANK** God for giving you the courage to speak up for others who need your help.

## PSALM 82:3

## DAY 2

Do you know anyone in your world that has less than you? Maybe you've never stopped to notice, but chances are there are kids in your community who need your help. Maybe there are kids in your world who need help with even their most basic needs – like food and clothing.

And you CAN help. Think you're too young? No way! Gather your family around the kitchen table together. Give everyone in your family a piece of paper and a marker or pen. Set a timer for 2 minutes and ask everyone to write down some ways you can help others in need. To get started here are a few ideas: collect school supplies and backpacks or canned goods for a local food bank or volunteer your time at a local shelter, etc. Once the two minutes are up, let everyone share what they've written and then narrow it down to one or two things you can do as a family to help those in need this summer.

**ASK** God to help you follow through with your family's plan!



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WEEK THREE

## GALATIANS 6:2

DAY 3

Have you ever wondered how to show God how much you love Him? You can't really give Him a bear hug, can you? Well, this verse gives a big clue about one way to show God you love Him: loving the people around you. And when we help those around us who are in need by "carrying their heavy loads", we show them, and God, how much we love them.

So, what "heavy loads" could you carry this week? How can you show conviction by helping others? Maybe it is to lift something heavy – like helping your mom with the groceries or lifting your little brother up to the monkey bars. So, maybe it's something else that you can do – like inviting the new kid in the neighborhood to play with you and your friends. When you stand up for what is right with conviction, you stand up for others.

**LOOK** for ways to carry someone else's "heavy load" this week.

## DANIEL 2:47-49

DAY 4

King Nebuchadnezzar had a dream and wanted someone to tell him what it meant. But no one could. So he threatened to kill every wise man in the country. Daniel prayed to God to help him. He knew that only God could reveal the dream and what it meant. God did just that. And Daniel gave Him all the credit when he stood before the king.

It took a lot of conviction to do what Daniel did. One wrong move could have sentenced him and his friends to death. But Daniel trusted that God was with him. And guess what? When you stand with conviction and do the right thing, God is with you too. Things might not always go the way you expect, but He will protect you and help you.

Find an item that you take with you everyday. It could be the shoes you always wear or your backpack or your cell phone. Write the initials – G. I. W. M – on a piece of tape and place it on the item you've chosen. This stands for the phrase, "God is with me." Each time you wear or hold this item, let it remind you that when you stand up for others with conviction, God is always with you.

**KNOW** that God is with you when you choose to stand with conviction.

**WHEN YOU STAND FOR  
WHAT'S RIGHT, YOU  
STAND UP FOR OTHERS.**