

## PSALM 119:105-106

DAY 1

The Bible is God's ultimate roadmap for life. If you want to know how to stand up with conviction, it helps to know what the Bible says. In the Bible, we learn what is right.

One of the best ways to know God's Word is to memorize what it says. That way, no matter where you are, you can remember a verse and apply it in the moment. Scripture memory is a BIG part of knowing God's Word. All week, we're going to work on memorizing the verses that we read.

For today, write the words of this verse on index cards or scraps of paper. Grab a flashlight and find a dark place like your closet. Turn off the light and turn on the flashlight. Put the words in order and repeat the verse. Now remove one word and say the verse again. Repeat this sequence, removing one word at a time until you can say the verse from memory.

**THANK** God for giving us His word as our guide for life.

## HEBREWS 4: 12-13

DAY 2

Did you know that even though the Bible was written thousands of years ago it still has a LOT to say to us today? God's Word is living and active. That means that each time you read your Bible, you have the opportunity to hear directly from God. And when you do, His Word will guide you in any situation you might face.

The Bible is a great way to know God and how to follow Him. And guess what? The point of reading your Bible is not to gain a lot of knowledge but to change your heart and your life. As you read God's Word, ask Him to help you understand what He is asking you to do. And as you follow Him in obedience, He will help you stand up for what's right.

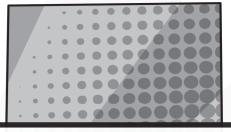
To help memorize today's verse, gather some cardboard, a large piece of foil, scissors and some markers. Draw the outline of a sword on the cardboard and cut it out. Cover the blade of the sword with foil and write the verse on the handle.

**ASK** God to help you listen to His Word and do what it says with conviction.



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## 2 TIMOTHY 3:16

DAY 3

How many balloons do you think you could blow up in an hour? Sometimes when you blow up a balloon you can start to feel out of breath. You have to take a couple big, deep breaths so you don't feel lightheaded. Today's Bible verse says that the Bible is God breathed. That means God can speak to you through the words on the page and can teach you something about your life right now.

When you read God's Word, two things could happen. One, you might see something in your life that you need to STOP (like lying or being unkind to someone) or two, you might see something you need to START (like being more generous or more patient). The Bible helps point us in the right direction. Knowing what the Bible says and applying it to our lives helps us grow in our relationship with God, understand His plan for us and stand up for what's right.

Ask a grown up for a balloon. Without blowing it up, use a pen to carefully write the beginning of today's verse on the balloon. Once finished, blow up the balloon—or have an adult do it for you—and tie it off. Use your balloon to practice repeating the words of this verse until you have it memorized.

**LOOK** for ways to follow God's Word with conviction this week.

## 2 TIMOTHY 3:17

DAY 4

How do you prepare for a day at camp? Or your soccer game? Or a day at the pool? You might eat a good breakfast, get dressed, brush your teeth and grab your backpack before camp. You put your shin guards, socks and cleats on and grab a water bottle before hitting the soccer field. And you cover yourself in sunscreen before you do a cannonball into the pool. You prepare yourself for things everyday.

So, how can you prepare to live with conviction? How can you make sure you're prepared to stand up for what's right? A great way is by knowing what God's Word says. All week long we've been talking about studying and memorizing God's Word to get ready to face any situation with conviction.

Divide the verse into sections and write those sections on separate cards. Place those cards with the things you'll use to get ready in the morning. For example - you could place one near your bedside table, one near your toothbrush, one at your spot at the table, and one with your shoes, etc.

**KNOW** that God wants to help prepare you to stand with conviction this week.

WHEN YOU KNOW WHAT GOD SAYS, IT CAN HELP YOU STAND FOR WHAT'S RIGHT.

